

Table 3. Comparison of recommended mesclun mixes.

Eliot Coleman in Maine

Baby-leaf Salad Mix* (Mesclun):

red lettuce
green lettuce
broadleaf arugula
sylvetta arugula
claytonia
minutina
endive
narrow-stem chard
smooth leaf spinach
mache'
watercress
beet leaves

** (This mix is mild tasting with no mustards or kale and is a favorite of children and their Moms)*

*** (This mix is quite colorful and tangy and appeals more to adult tastes)*

Johnny's Seeds, Winslow, Maine

Mild Mesclun Mix

Kyona Mizuna
Chinese Pac Choi
Tatsoi
Red Russian kale
Red Sails Lettuce
Saladbowl lettuce
Rouge d'Hiver Lettuce

Spicy Mesclun Mix

Arugula
Bianca Riccia endive
Kyona Mizuna
Tatsoi
Red Sails Lettuce
Dark Lolla Rosa
Rouge d'Hiver Lettuce

Paul Wiediger in Kentucky

Cool-Season Mesclun Mix **

red lettuce
green lettuce
broadleaf arugula
tatsoi
mizuna
red Russian kale
green mustard
red mustard, Purple Wave

Summer Lettuce Mix

Black Seeded Simpson or Simpson Elite
Waldmanns
Red Salad Bowl
Tango (green oak)
Freckles (Romaine)
Rosalita (red Romaine)
Lolla Rossa
Buttercrunch
Dark Lolla Rossa (adds color and loft)

Gourmet Lettuce Mix

Freckles (Romaine)
Outredgeous
Tango (green oak)
Dark Lolla Rosa

All Lettuce Mix

Rouge d'Hiver
Parris island
Red Salad Bowl
Royal Oakleaf
Saladbowl

All Greens Mix

Kyona Mizuna
Red Russian kale
Komatsuna
Red Giant Mustard
Tatsoi